

COMMUNITY SERVICES DEPARTMENT SENIOR CENTER

SENIOR CITIZENS ADVISORY BOARD AGENDA

Tuesday March 16, 2010 • 8:30 A.M. • San Bruno Senior Center

WELCOME TO OUR ADVISORY BOARD MEETING ...

If you wish to speak on an item under discussion by the Board and appearing on the agenda, you may do so upon receiving recognition from the Board Chair. If you wish to speak on a matter <u>not</u> appearing on the agenda, you may do so during PUBLIC DISCUSSION. Please state your name and address; if you are representing an organization, please state the name of the organization.

In compliance with the American Disabilities Act, individuals requiring accommodation for this meeting should notify us 48 hours prior to the meeting (616-7150).

CALL TO ORDER (NOTE: State Law, known as the "Brown Act", prohibits the Advisory Board from discussing or acting upon any matter that is not on the agenda. Non agenda issues, raised by members of the public or by the Advisory Board, may, at the discretion of the Advisory Board, be scheduled for consideration at future meetings.)

<u>Swearing in of newly appointed Senior Advisory Board Members by City Clerk,</u> Carol Bonner.

APPROVAL OF MINUTES

- A. TREASURER'S REPORT February 2010 pg. 1
- **B. SUGGESTION BOX:**
- C. UNFINISHED BUSINESS:
- D. COMMUNICATIONS:
- **E. STAFF REPORTS:**
 - 1. Senior Center Participation pg. 2
 - 2. Mary E. Tessier February Recreation Report pg. 3
 - 3. Susan McCaman February Outreach Report pg. 4
 - 4. Gloria Deeter February Nutrition Reports pg. 5
 - 5. Mary E. Tessier February Class Participation Report pg. 6

F. COMMITTEE REPORTS:

- 1. Special Events Committee
 - a. Minutes of the March 1, 2010 Meeting pg. 7
- 2. Program Committee
 - a. Minutes of the February 8, 2010 Meeting pg. 8
 - i. Recommendation that we sponsor the SAIF workshop on Friday, April 16th from 10:30am until noon.

- b. Minutes of the March 8, 2010 Meeting pg. 9
 - i. Recommendation to offer either an Arthritis Exercise Class or some other "stretch and tone" class on Monday mornings.
- ii. Recommendation to have a speaker who is a neurophysiologist specializing in dementia.
- iii. Recommendation that the Senior Center acquire a flat-screen television and DVD player for the craft room.

G. NEW BUSINESS:

1. Appoint Ad-hoc Committee for Sr. Advisory Presentation to City Council.

H. PUBLIC COMMENT ON ITEMS NOT ON AGENDA:

I. ADJOURNMENT:

*** POSTED PURSUANT TO LAW ***